# Connecticut Department of Public Health Office of Oral Health's Home by One Program

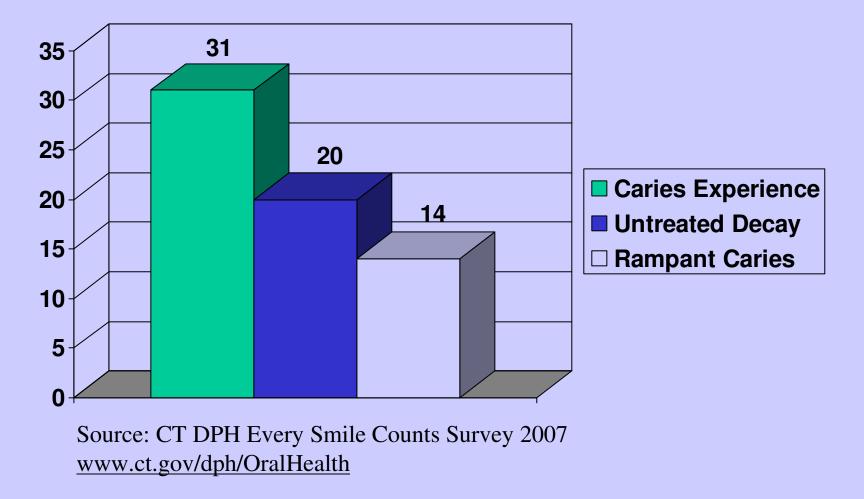


Connecticut Department of Public Health



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# Prevalence of Decay in Connecticut's Preschool Children



Lessons Learned from Every Smile Counts survey



- Parents must be empowered to **prevent** decay before age 2
- Health professionals must focus dental disease prevention efforts in children less than 2 years
- Statewide **consistent** oral health messages needed

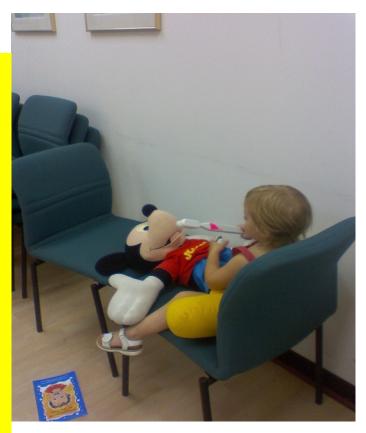
# Why WIC Is A Perfect Venue

- Children on WIC program are already considered at **high risk** for developing early childhood caries.
- 25,000 of the 65,000 WIC participants in CT are **age one or younger**.
- 38% of all CT babies are already enrolled in WIC at birth,
- National average is 50%
- Pregnant, postpartum and breast feeding moms
  - Major changes in oral health can occur during this time.
  - Prime time to educate and give oral health messages.
  - 21 existing contact opportunities to integrate components of oral health program.

### Home by One Program



Building the dental home network around early childhood partnerships that focus on oral health as essential to the overall health and well being of children in Connecticut



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# Home by One Program



#### GOALS

- I. Build a statewide infrastructure of integrated **partnerships** and **referral** patterns between WIC, dental and medical providers, parents and caregivers
- II. Develop a **network** of providers that are knowledgeable, available and accessible
- III. Reduce and **prevent** oral disease by increasing age one dental visits in state of Connecticut
- IV. Parents understand and value oral health

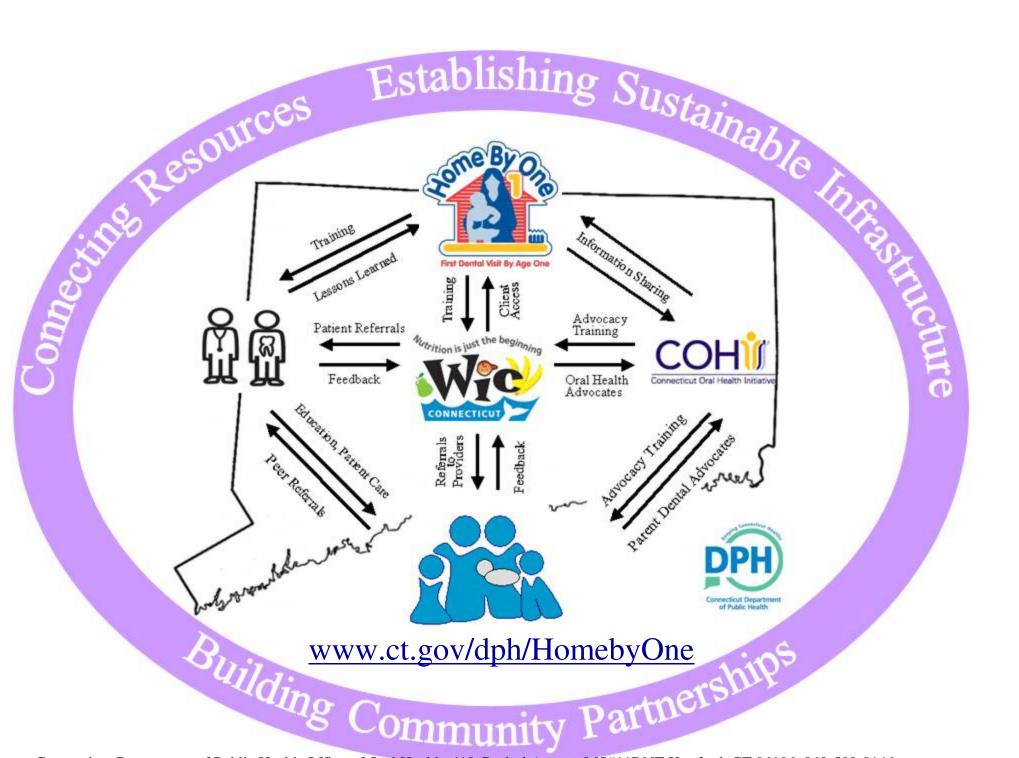
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# Home by One Program



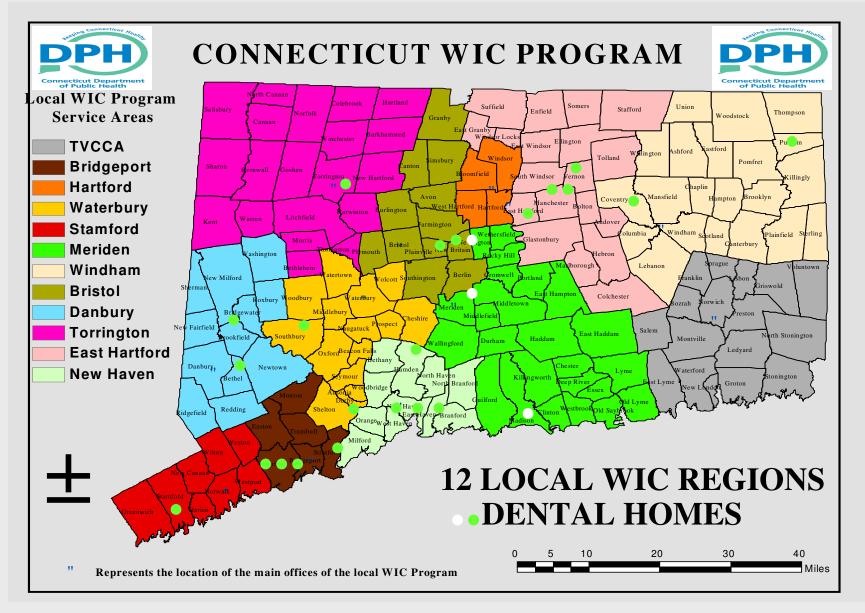
#### ACTIVITIES

- Parent Training/Education
- Physician Training/WIC Staff Training
- Integration of Systems of Care
- Dental Home Development/Age One Dental Visit Training
- Consistent Oral Health Messages Throughout State



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#### 12 CT WIC Regions & Dental Home Networks



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# Key Factor for Building Successful Collaboration with WIC

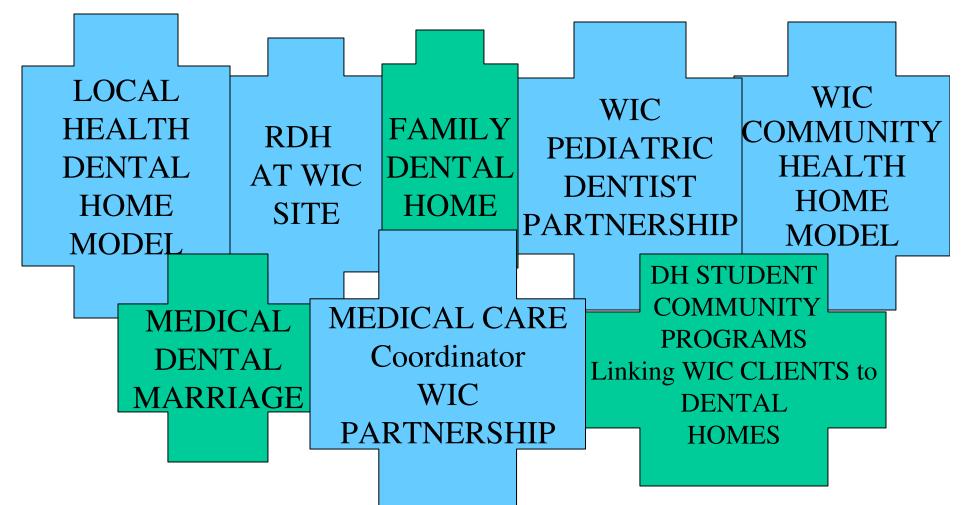
- Contact, personalized attention, one to one
- Overcome Challenges, troubleshoot
- Orchestrate links to community dental resources
- Recruiting parent dental advocates
- Develop dental provider networks, relationships
- Integration of oral health education into site
- Navigate patient's to dental home
- Availability to answer questions from WIC staff
- Travel out to sites, special events, presentations
- Online training including consistent messaging
- Resource for education materials, connections

#### Develop Resources to Enhance WIC Nutritionists Existing Oral Health Education



- -Fact sheets for parents and caregivers
- -Referral forms to dental homes
- -Contact information of Regional Dental Care Specialist
- -Caries risk assessment tools
- -Educational Resources for WIC secondary education classes focusing on early oral health disease prevention

# Dental Home Models Developed Around WIC

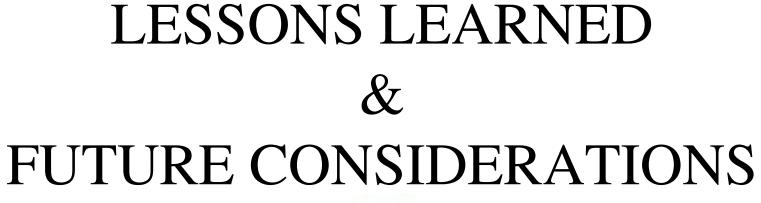


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# Factors For A Successful Program

Increase # of Dental Medicaid Providers	Increase Reimbursement Rate for Medicaid Dental Services (at least for children)	Establish a Single ASO for Dental Medicaid	Establish Regional Care Specialists, who help navigate participants to providers	Establish Advisory around early childhood oral health	Buy in from State Dental Association & Age one Visit Education
Establish Relationship with WIC Coordinators	Recognition of Local WIC staff's daily challenges & help reduce barriers through active partnership	Collaborate With Other Existing Early Childhood Initiatives	Consistent Message Campaign For Age One Dental Visit	Advocacy & Oral Health Parent Education Programs	Develop Website for Resources & collaboration





First Dental Visit By Age One

www.ct.gov/dph/HomebyOne

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# **Key Concluding Points**



- •Exercise **flexibility** when building collaboration and work with community needs to develop a successful program around **consistent messages**.
- •Coordinator is key to building and *sustaining* collaboration and developing an active partnership with WIC.

#### •Leverage existing resources.