

THE NATIONAL CENTER ON

Health



Kathy Hunt, RDH, ECPII Kansas Dental Hygienist Liaison National Center on Health Project Director, Kansas Cavity Free Kids Kansas Head Start Association <u>khunt@ksheadstart.org</u> 785.458.9775



THE NATIONAL CENTER ON

lealth

Connecting Head Start with Oral Health Services: A Kansas Story

Kathy Hunt, RDH, ECPII Kansas Dental Hygienist Liaison National Center on Health National Oral Health Conference April 28, 2014

Getting the Word Out



It's hard to be a resource if people don't know you're there.





THE NATIONAL CENTER ON

Offering Assistance

TO DO LIST

Create a distribution list of current Head Start Directors and Health Specialists

Send out periodic notices to list: Brush-up Newsletters, offers to assist with dental issues, topical information regarding oral health

Offer to make oral health presentations: Head Start Conference, Parent Night at local HS program, Staff Development Day



THE NATIONAL CENTER ON

Brush Up on Oral Health Newsletter





And and any ten draid be taken relestand when several drait facts. Were an characteristication that Welcome to the first issue of **Brush Up on Oral Health.** This monthly newsletter provides Head Start staff with information on oral health issues, including best and promising practices, current research, practical tips, and frequently asked questions.

Health and social service professionals interested in improving the oral health of

pregnant women, infants, and children enrolled in Head Start and their families may also find the newsletter helpful.

As you welcome children to Head Start this new program year, it's important, to remember that oral health plays a major role in a child's school readiness. We hope the information contained in this newsletter will help you think about ways you can help improve the oral health of the children in your program.

Photo aresist Ridy | Stock Free Emapsis & Desamations Stock Phot



• Monthly e-newsletter

- Target audience is Head Start staff
- Provides information on current practice, practical tips for staff to share with parents for promoting oral health, and simple recipes for healthy snacks
- Secondary audience is health and social service professionals

What You Should Know and How You Can Help



Dentists and Head Start

What You Should Know and How You CARA A CARA A A CARA

What Is Head Start?

Head Start was established in 1965 to improve the school readiness of children ages 3 to 5 from families with low incomes. In 1994, Early Head Start was established to serve low-income pregnant women, with a focus on positive birth outcomes, and to promote healthy physical and cognitive development in children from birth to age 3 from families with low incomes. Both Early Head Start and Head Start provide education and health services in the context of family and community¹

Head Start⁸ is a federal program administered through grants to approximately 1,600 community-based organi tions. The folleral government provides 80 percent of Head Start program funding through the Office of Head Start, Administration for Children and Families. Head Start grantees are required to raise the remaining 20 percent of their funding to help build partnerships and ensure that each program reflects the culture of the local community?

Who Participates in Head Start?

Head Start programs serve approximately 900,000 pregnant women, infants, and children each year in all 50 states, the District of Columbia, and most U.S. territories. Some pro-

THE NATIONAL CENTER ON

entrollener

Health

grams are designed spe-cifically to serve American Indian/Alaska Native and migrant and seasonal farm worker families.¹ At least 90 percent of children enrolled in each Head Start program must

e from families with level. Children are automati low incomes, and up to ily income, if they are homele families receive Temporary A 10 percent can be from families with incomes that or Supplemental Security In-

exceed the low-income guidelines who would The Head Start population re benefit from Head Start racial and ethnic minorities th services.³ Up to 35 percent of each Head Start program's tion.⁵ The racial composition o may also be children whose families i mes are is as follows: 39.9 percent whit between 100 percent and 130 percent of the federal powerty can American, 16.7 percent ut

Dental Hygienists and Head Start

What You Should Know and How Y

What Is Head Start?

Head Start was established in 1965 to improve the school readiness of children ages 3 to 5 from families with low in-comes. In 1994, Early Head Start was established to serve regnant women, and infants and children from birth to age 3, from families with low incomes. Early Head Start focuses on positive birth outcomes for women, and on healthy physical and cognitive development for infants and young children. Both Early Head Start and Head Start provide comprehensive education and health

family and community:

program administered through grants to over

1,600 community-based

government provides 80

percent of Head Start

the Department of

Health and Human Ser

are required to raise the



Early Head Start provide education services in the co remaining 20 percent of their funding from community and community. sources to help to build partnerships and ensure that each

program reflects the culture of the local community. Who Participates in Head Start?

> Head Start programs serve approximately 1 million pregnant women, infants, and children each year in all 50 states, the District of Columbia, and most U.S. territories. Some programs are designed specifically to serve American Indians/Alaska Natives and migrant and seasonal farm worker families.

Pregnant women and infants and children from birth to age 5 are eligible for Head Start if they meet federal powerty guidelines (\$17,600 for a family of three in 2008").³⁴ Up to 35 percent of each Head Start program's enrollment may also be children whose families' incomes are between 100 percent and 130 percent of the federal poverty level.⁵



education and to pregnant w young children low incomes.

Children are autom they are homeless or in fo Temporary Assistance fo Security Income

The Head Start populat racial and ethnic mine tion."The racial con 39.8 percent white, 30.7 16.2 percent unspecifie



Medical Providers and Head Start

What You Should Know About Oral Health and How You Can Help

What Is Head Start?

Head Start was established in 1965 to improve the school readiness of children ages 3 to 5 from families with low incomes. In 1994, Early Head Start was established to serve low-income prognant women, with a focus on positive birth outcomes, and to promote healthy physical and cognitive development in infants and young children from birth to age 3 from families with low incomes. Both Early Head Start and Head Start provide education and health service in the context of family and community

\$\$ **\$** \$

Head Start⁴ is a federal program administered by the Office of Head Start, Administration for Children and Families, through grants to approximately 1,600 community-based organizations.2

Who Participates in Head Start?

Head Start programs serve approximately 900,000 pregnant women, infants, and children each year in all 50 states, the District of Columbia, and most U.S. territor

At least 90 percent of children enrolled in each Head Start program must be from families with low incomes, and up





Early Head Start and Head Start provide education and health services in the context of family and community.

are homeless or in foster care or if their families receive Temporary Assistance for Needy Families or Supplemental 5. ity Income.

Of the 94 nervent of children enrolled in Head Start who have health insurance, 82 percent are enrolled in Medicaid or in the Children's Health Insurance Program (CHIP)



Health Services Newsletter

OF HEAD THE NATIONAL CENTER ON Health



The importance of helping children and pregnant

women establish a dental home. February is National Children's Dental Health Month, an ideal time to promote the importance of oral health. Developing and maintaining good oral health habits and getting regular oral heath care helps children and pregnant women achieve a lifetime of healthy teeth and guns. Helping children and pregnant woman enrolled in Head Start establish a dental home is an important service provided by Head Start staff. A dental home offers oral health care delivered in a comprehensive, continuously accessible, coordinated, and familycentered way. A dental home provides oral health services that help children and pregnant women stay healthy by preventing or treating

Children with poor oral health are not healthy and may have many non-oral-health-problems, along with oral health problems. They may not grow and develop as they should because they might have to limit the types of foods they eat. They might have behavior problens or have a hard time concentrating and learning because of tooth pain. They may miss a lot of school. They may develop infections that can lead to other health problems. They might not smile or inteact with others because of broken or discolored teeth. They are less likely to do well later in life, compared to children with good

Children who receive regular oral health care early in life have less oral disease, fewer dental emergencies, and better oral health throughout their lives. Establishing a dental home by age 1 or as early as possible is an important step families can take to keep their

child healthy and ready to learn. Like children, pregnant women also need a dental home. Receiving oral health care during pregnancy is safe and important. Preventing and treating oral disease during pregnancy is effective at maintaining or improving a woman's oral health and is key to her and her infant's overall health and well-being. A pregnant woman who has a dental home is more likely to maintain good oral health during her

pregnancy.



INSIDE THIS ISSUE

Head Start Oral Health Forms





- Created one combined form (pregnant women and children), a form for pregnant women, and a form for children
- Forms collect information on:
 - Dental home status
 - Current oral health status
 - Oral health care services delivered during visit
 - Whether all treatment is complete
 - If future appointments are needed

Offering Assistance

TO DO LIST

Create a distribution list of current Head Start Directors and Health Specialists

Send out periodic notices to list: Brush-up Newsletters, offers to assist with dental issues, topical information regarding oral health

Offer to make oral health presentations: Head Start Conference, Parent Night at local HS program, Staff Development Day

COF HERD STAR

THE NATIONAL CENTER ON

Who Do I Collaborate With?



ORAL HEALTH KANSAS





- Kansas Head Start Association (State Head Start Association)
- Oral Health Kansas (State Oral Health Coalition)
- Bureau of Oral Health (Kansas Department of Health and Environment)

Other Contacts- Kansas









- Kansas Association for the Medically Underserved
 (State Primary Care Association)
- Kansas Dental Hygiene Association (Chair for Community Dental Health Committee)
- Kansas Dental Association (Board Member, KS Dental Charitable Foundation)

Other Contacts- National



Office of Head Start National Center on Health



National Maternal and Child Oral Health Resource Center



Access to Care- Making Progress in Kansas



Extended Care Permit Hygienists

- ✓ Community based settings
- ✓ Increased scope of practice

Direct Medicaid billing

- ✓ Head Starts
- ✓ Health Departments



Request #1—Increase Services



Northeast Kansas Community Action Program



Request #2—Oral Health Education



Pine Ridge Prep



Request #3—Increase Services



Sheldon Head Start



Greatest Challenge

Parents' biggest hurdles

- Making and keeping appointments at dental clinics
- Navigating insurance system
- Signing consent forms for on-site services
- Not understanding the need for services





Strategies

- Education for staff and faculty
- Fun, interactive and "edu-taining" family experience







THE NATIONAL CENTER ON

Health



Kathy Hunt, RDH, ECPII Kansas Dental Hygienist Liaison National Center on Health Project Director, Kansas Cavity Free Kids Kansas Head Start Association <u>khunt@ksheadstart.org</u> 785.458.9775